

ACTIVE 6 PROGRAM DETAILS

Active 6 is **FREE** Missoula YMCA program that encourages 6th graders to get moving, try new activities, stay healthy, and have fun with friends through YMCA membership and programs.

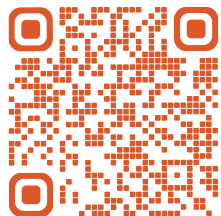
PROGRAM TIMES

Tuesdays
3:15–5:15 p.m.
Thursdays
2:15–4:15 p.m.

Program Dates

Program runs Labor Day through Memorial Day

SIGN UP HERE!



*Offered during the school year only. No programming on school holidays.



GETTING STARTED WITH ACTIVE 6

First fill out our Active 6 Registration Form online to get your free membership started.

Next, attend our Tuesday and Thursday Program times to take part in fun exercise classes, active play, and engaging snack time discussions about healthy lifestyle, and community engagement.

*Membership is valid June before the 6th grade year through August after the 6th grade year.

CONTACT

active6@ymcamissoula.org
406-721-9622



MEET YOUR ACTIVE 6 COACH!

LeShawn George

Director of Health & Wellness



LeShawn George brings 12 years of experience coaching youth sports, focusing on fundamental skill development, teamwork, and building confidence. As a former Griz athletes, and teammates. "I'm excited and can't wait to get started for this upcoming season of Active 6. See you at the Y!"

**Registration for Active 6
is going on now!**