Missoula YMCA Active 6 Program
November 2026

Have questions? Stop by the YMCA or email active6@ymcamissoula.org to learn more! Sign up today!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Lap Swim*:** 8:00a.m.–5:30 p.m. **Open Swim*:** 12:15–5:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.	2 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:00 p.m.	3 **A6 YMCA:** 3:15–5:15 p.m. **A6 Multi Sport:** 3:15–4:00 p.m. **Teen Tenacity**: 4:00–4:45 p.m.	4 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:30 p.m.	5 **A6 YMCA:** 2:15–4:15 p.m. **A6 Multi Sport:** 2:15–3:00 p.m. **Teen Tenacity:** 3:00–3:45 p.m. **Squash Clinic:** 4:30–5:30 p.m.	6 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 5:30–9:30 p.m. **Open Swim*:** 5:30–9:30 p.m. **Open Track*:** 7:00–8:00 p.m.	7 **Open Climb*:** 10:00 a.m.–1:00 p.m. **Lap Swim*:** 9:00 a.m.–7:30 p.m. **Open Swim*:** 9:00 a.m.–12:00 p.m. & 1:00 p.m.–7:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.
8 **Lap Swim*:** 8:00a.m.–5:30 p.m. **Open Swim*:** 12:15–5:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.	9 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:00 p.m.	10 **A6 YMCA:** 3:15–5:15 p.m. **A6 Multi Sport:** 3:15–4:00 p.m. **Teen Tenacity**: 4:00–4:45 p.m. **Squash Clinic:** 4:30–5:30 p.m.	11 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:30 p.m.	12 **A6 YMCA:** 2:15–4:15 p.m. **A6 Multi Sport:** 2:15–3:00 p.m. **Teen Tenacity:** 3:00–3:45 p.m. **Squash Clinic:** 4:30–5:30 p.m.	13 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 5:30–9:30 p.m. **Open Swim*:** 5:30–9:30 p.m. **Open Track*:** 7:00–8:00 p.m.	14 **Open Climb*:** 10:00 a.m.–1:00 p.m. **Lap Swim*:** 9:00 a.m.–7:30 p.m. **Open Swim*:** 9:00 a.m.–12:00 p.m. & 1:00 p.m.–7:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.
15 **Lap Swim*:** 8:00a.m.–5:30 p.m. **Open Swim*:** 12:15–5:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.	16 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:00 p.m.	17 **A6 YMCA:** 3:15–5:15 p.m. **A6 Multi Sport:** 3:15–4:00 p.m. **Teen Tenacity:** 4:00–4:45 p.m.	18 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 8:00–9:30 p.m. **Open Swim*:** 8:00–9:30 p.m.	19 **A6 YMCA:** 2:15–4:15 p.m. **A6 Multi Sport:** 2:15–3:00 p.m. **Teen Tenacity:** 3:00–3:45 p.m.	20 **Open Climb*:** 4:00–7:00 p.m. **Lap Swim*:** 5:30–9:30 p.m. **Open Swim*:** 5:30–9:30 p.m. **Open Track*:** 7:00–8:00 p.m.	21 **Open Climb*:** 10:00 a.m.–1:00p.m. **Lap Swim*:** 9:00 a.m.–7:30 p.m. **Open Swim*:** 9:00 a.m.–12:00 p.m. & 1:00 p.m.–7:30 p.m. **Open Track*:** 11:00 a.m.–2:00 p.m.
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